#### NOW OFFERING BRAINSWAY & NEUROSTAR<sup>®</sup>

#### DON'T TAKE OUR WORD FOR IT, HERE'S WHAT SOME OF OUR PAST CLIENTS HAVE TO SAY:



Brainsway Deep TMS was FDA cleared in 2013 as a non-invasive therapy used to treat a range of neurological and psychiatric conditions.

Neurostar® Advanced Therapy is a non-invasive, non-drug treatment that targets depression at the source. It's FDA cleared and covered by most insurance programs.





#### **FOUNDER & CEO**

Mark E. Blair, M.D.

Medical Director, Sun Behavioral Columbus American Board of Psychiatry & Neurology Certified ISEN ECT Certified & Deep TMS Certified



I've struggled with severe depression for years and the awesome staff at Optimum TMS successfully helped get me into remission. This is my first successful response to any treatment for my depression.

Such a professional office staff! You will be treated with kindness & encouragement! I now feel that I've found the best parts of me again!

The staff at Optimum TMS were so nice and accommodating! I feel so much better and I am so glad that I had the treatments. There is help and there is hope!





#### **ACCREDIATIONS & AFFILIATIONS**







500 E. Main St., Suite #130 Columbus, OH 43215 info@optimumtms.com (p) 614.933.4200 (f) 614.407.7622

# **REDISCOVER YOU!**

WWW.OPTIMUM**TMS**.COM



## WHAT IS TMS?"

Transcranial Magnetic Stimulation (TMS) is an innovative, medication free FDA cleared treatment for depression. Proven effective for "treatment-resistant depression", or depression that fails to adequately respond to medication. In addition to treating depression, TMS therapy is also used to treat OCD..

TMS safely generates MRI-strength magnetic fields that affect electrochemical signalling between neurons in the brain. Through repetitive stimulations, TMS is thought to increase neuronal connections, restore healthy brain functioning & subsequently alleviate the symptoms of depression and OCD.

#### IS TMS FOR ME?

- Has depression or OCD interfered with your ability to function or enjoy life?
- Have you had unsatisfactory results from depression or OCD medication?
- Have you worried about or had difficulty with side effects from medication?
- Are you interested in a proven, non-drug treatment for depression or OCD?
- Does it seem as though you have tried everything you can think of to feel better, but nothing seems to work?

If you answered **YES** to any of these questions, you could be a candidate for TMS. Please talk to you doctor or contact us for a free telephone screening at: 614,933,4200

### THE TMS EXPERIENCE

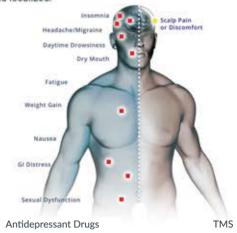
We understand that the very nature of depression can make it challenging to seek out treatment. Our compassionate team is here with you every step of the way to provide you with the best experience possible. Our state-of-the-art office provides the comfort and privacy you desire.

During treatment you as the patient will sit comfortably in chair, and a magnetic coil is gently placed against the left side of your scalp. Each treatment session lasts approximately 20 minutes. Additionally, patients can chat, watch television, or listen to music. Patients will hear a clicking noise, but they do not typically feel pain or discomfort. TMS produces little to no side-effects and patients may resume normal activity immediately after treatment.

Our practice is here to accommodate you by working directly with your existing healthcare and insurance providers to ensure smooth coordination of care. Because TMS is a commitment, we are flexible in working around your schedule.

#### TMS vs DRUG THERAPY 1.3-5

To reach the brain, antidepressants travel through the bloodstream, passing through every organ system in the body. TMS works by directly stimulating the brain, avoiding systemic side effects. Side effects that may occur with TMS are short term and localized.



# MOST RESPOND TO TMS & MANY ACHIEVE REMISSION<sup>2</sup>

#### Long-Term Durability7



SAFETY INFORMATION: Patients should consult with their doctor before undergoing Deep TMS. The most common side effects include headaches and application site pain or discomfort. There is also a very rare risk of seizure associated with the treatment, Patients with roetal in or around the head, such as in metal plates, implants & stents, should not undergo Deep TMS treatment.

- Levkovitz Y, et al. World Psychiatry 2015; 14:64-73.
- 2. Brainsway Ltd. Data on file
- 3. Rosenberg O, et al. Depress Anxiety 2010; 27: 465-9.
- Deng ZD, et al. Brain Stimul. 2013; 6:1-13.
- 5. Guadagnin V, et al. IEEE Trans Biomed Eng. 2016;63:1543-50.